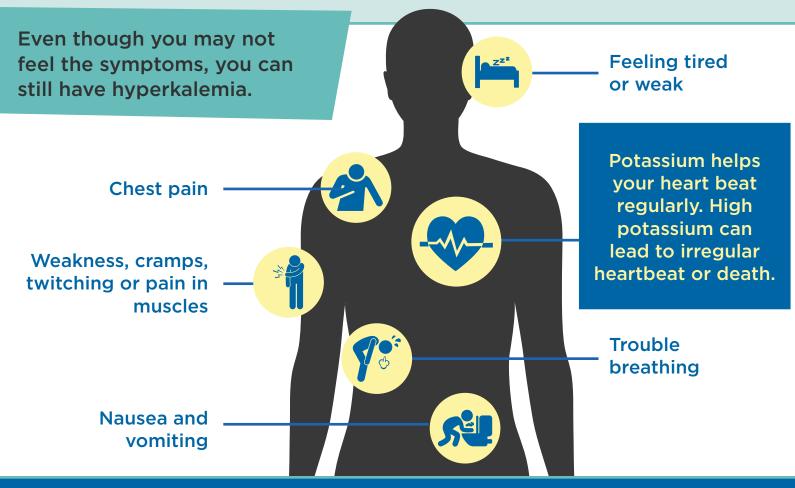
beyond bananas

Potassium and your kidneys

Hyperkalemia (high potassium) and kidney disease

Hyperkalemia is an ongoing condition that can be dangerous. It happens when your kidneys cannot remove the extra potassium in your body.



Manage your potassium long-term.



Ask your doctor about your potassium levels.



Take potassium binders as prescribed.



Ask your dietitian how to track your daily potassium intake.





For more information and free resources to help control your potassium, visit KidneyFund.org/beyondbananas.